

# AMUAAAGC Newsletter - June 2022

June 2022  
Volume 1, Issue 4



## Executive Council:

President: Dr. Zafeer Ahmad  
Vice-President: Dr. Shakil Khan  
Secretary: Dr. Asefa Ansari  
Treasurer: Mr. Shahbaz Alam

## Board Members:

Dr. Zeba Kidwai Siddiqui - Chairperson  
Mr. Mohammad Shahanshah Ansari  
Dr. Israrul Haque Ansari  
Dr. Haris Jamil  
Mr. Mohammad Qamar



Dr. Zafeer Ahmad, Ph.D.

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## President's Message

As we are getting close to the end of our term, I think we have achieved everything that we have planned - this was only possible by EC and Board members working together and the extraordinary support we received from the general assembly. All these great accomplishments can't be the work of one - it's all of us. You regularly step forward and contributed in so many ways. I am not going to try to highlight all our accomplishments for the year, but there are few that need special mention.

1. Bylaws Amendment
2. Construction of Orphan Girls Hostel

These two tasks have taken enormous amount of time, but I am glad to report that bylaws amendments are fully implemented, and the orphan girls hostel project is almost complete. The election will be held electronically, according to the new bylaws, as the complete details are provided by the Election Officer. We have allowed everyone to participate in the election if they have renewed their membership after June 30<sup>th</sup> as we transition to the new bylaws. The General Body (GB) meeting will take place at Century Park on **July 23, 2022, at 2:30 pm**. The agenda for this meeting and minutes from the last GB meeting were already sent to everyone. A picnic will take place prior to the GB meeting at Century Park on **Saturday July 23<sup>rd</sup> at 12:00 pm**.

We have also provided detailed information about the **Sir Syed Global Scholar Award (SSGSA)**. It is a unique approach to support students to gain higher education in the United States or Europe, and **120 students** have benefited from this program. **AMUAA-GC** has made an important contribution towards the success of SSGSA and helped over **20 students**.

We are leaving the organization financially in a very strong position. The revenue has increased over **\$101,000** over the last year. We started with **\$14,186.25** in our bank account in July 2021 and ended with the balance of **\$72,423.11** at the end of June 26, 2022., even though we had a major expense of **\$31,000** for the Orphan Girls Education project. We have been very transparent and diligent in utilizing the funds towards value-added initiatives for AMUAA-GC.

In closing, I thank you for giving me the opportunity to serve as your president. We started our term with a commitment of transparency and engagement, and I hope we met your expectations. I would like to thank the EC and Board for their high level of commitment to AMUAA-GC.

## Recent Events

- \* Monthly EC/Board Meetings
  - July 27<sup>th</sup>
  - August 6<sup>th</sup>
  - Sept 3<sup>rd</sup>
  - Oct 1<sup>st</sup>
  - Nov 12<sup>th</sup>
  - Dec 10<sup>th</sup>
  - Jan 7<sup>th</sup>
  - Feb 4<sup>th</sup>
  - Mar 4<sup>th</sup>
  - Apr 2<sup>nd</sup>
  - May 6<sup>th</sup>
  - Jun 3<sup>rd</sup>

## Highlights

- Construction of Orphan Girls Hostel in Aligarh is almost complete.
- Dr. Mohammad Mushtaq and Mr. Mohd Khalid Sayeed were appointed as Election Officers. They have provided the information about the election process to general assembly.
- Information about Annual Picnic and General Body meeting were sent to general assembly.
- **Picnic Ticket:** Individual \$15, Family \$35. eVite for Picnic has already been sent to all members.

## Financial Status

Date	Bank Balance		
	Total	General Fund	Education Fund
Jul 23rd 2021	\$14,186.25	\$5,504.45	\$8,681.80
Dec 20th 2021	\$21,113.21	\$7,693.41	\$13,419.80
Feb 16th 2022	\$38,175.49	\$7,609.93	\$30,565.56
April 26 <sup>th</sup> 2022	\$69,341.16	\$9,492.05	\$59,849.11
June 26 <sup>th</sup> 2022	<b>\$72,423.11</b>	\$10,722.79	\$61,700.32

## Income and Expenses (as of June 26th, 2022)

Income		Expenses	
General Fund	Education Fund	General Fund	Education Fund
\$14,666.21	\$100,639.21	\$3,943.42	\$38,938.89

## Membership Update

Summary of Membership 2021-22	Total
Annual Members	96
Life Members	36
<b>Total Members (As on June 26<sup>th</sup>, 2022)</b>	<b>132</b>

## New Members

- Dr. Israrul Haque Ansari has joined AMUAA-GC as a Life Member
- Ms. Farah Laman has joined AMUAA-GC as an Annual Member

## Standing Committee Updates

Committee Name and Members	Updates
<b>1. Bylaws Committee</b> Mr. Mohammad Shahanshah Ansari (Chair) Dr. Zeba Kidwai Mr. Ajmal Sufiyan Dr. Israrul Haque Ansari Dr. Shakil Khan	<ul style="list-style-type: none"> <li>• Bylaws amendments completed.</li> <li>• A meeting is scheduled to review additional recommendations by general assembly which were not accommodated last time.</li> </ul>

<p><b>2. Education Committee</b>          Dr. Israrul Haque Ansari (Chair)          Dr. Haris Jamil          Dr. Syed Shahabuddin          Dr. Gulam Waris          Dr. Hamidullah Khan</p>	<ul style="list-style-type: none"> <li>• Education project for girls in construction phase, read details report → <a href="#">here</a>.</li> <li>• Regular project progress report being shared with EC and Board.</li> </ul>
<p><b>3. Information Technology (IT) Committee</b>          Mr. Mohammad Shahanshah Ansari (Chair)          Mr. Ajmal Sufiyan          Mr. Shahbaz Alam          Mr. Mohammad Irfan Khan          Mr. Nadeem Ahmad          Mr. Khalid Sayeed</p>	<ul style="list-style-type: none"> <li>• Mr. Khalid Sayeed has been added as member, IT Committee</li> <li>• Quote from a company been submitted to IT Committee and President for approval.</li> <li>• Website revamp activities will be taken up soon.</li> </ul>
<p><b>4. Membership Committee</b>          Mr. Ajmal Sufiyan (Chair)          Dr. Asefa Ansari          Mr. Javed Husain</p>	<ul style="list-style-type: none"> <li>• Annual Memberships mailer send to all members for renewal, and renewal process completed.</li> <li>• We got one new life member and one annual member</li> </ul>
<p><b>5. Social &amp; Cultural Committee</b>          Dr. Shakil Khan (Chair)          Dr. Asefa Ansari          Dr. Syed Shahabuddin</p>	<ul style="list-style-type: none"> <li>• The Annual Picnic of AMUAA-GC will be held on Saturday July 23, 2022 from 12 PM</li> <li>• <b>Venue:</b> Century Park, Vernon Hills, IL 60061</li> <li>• <b>Picnic Ticket:</b> Individual \$15, Family \$35</li> </ul>

## Educational Project, 2022

Report by: **Dr. Israrul H. Ansari (Chair, Education Committee)**

AMUAA-GC is delighted to see the progress made by the Aligarh Bachchon Ka Ghar (ABKG), Aligarh. With the Almighty's grace and AMUAA-GC members' support, the construction of the proposed residential facility is in full swing. As per the guidelines, the Education Committee continuously received updates from the sponsor, Dr Zafeer Ahmad, which were shared with the AMUAA-GC's EC and Board Members. Furthermore, we have provided several visual images in our last AMUAA-GC newsletter to demonstrate construction at different stages. Here again, in this newsletter, we provide a couple of new pictures we recently received from ABKG. With the firm commitment on behalf of the ABKG administration and looking at the progress made so far, we are confident this project should be complete soon. We plan to share a final summary of the completed project with our AMUAA-GC members in the near future.



The members of the Executive Council and Board of Directors of AMUAA- GC sincerely thank all donors and well-wishers for their continued encouragement and support.

## Sir Syed Global Scholar Award (SSGSA)

Report by: **Dr. Saif Sheikh, Member Executive Committee – SSGSA**

At SSGSA we believe that Education is critical for the success of every human being. It transforms the young mind to develop self-esteem and the strength to face any challenge in life.

At the inception we started as Sir Syed Excellence in Science Award (SSESA) that was focused on the Science and Engineering students but later we expanded to all branches of education and changed the name to Sir Syed Global Scholar Award or SSGSA. Our goal is to nurture leadership from those who received the SSGSA award and who are motivated and enthusiastic to support students and above all believe in taking the torch forward without self-interest fulfilling the Sir Syed vision.

### **Unique approach to support students to gain higher education in the United States or Europe**

One of the first hurdle we encountered is the funds as application for admission in US is expensive especially going through taking standardized tests such as GRE, TOEFL etc. along with the application fees that could cost over \$1000 for each student.

So, we realized that when the resources are limited bottom-up approach makes take time so supporting students with mentoring and paying the application fees may help more students that led to the success of 120 students in getting admitted in a short time.

### **SSGSA Model - We support each scholar in achieving their full potential**

Let's get into how SSGSA works. It has 4 parts *Mentoring, Application Support, Financial Assistance and Support Network*.

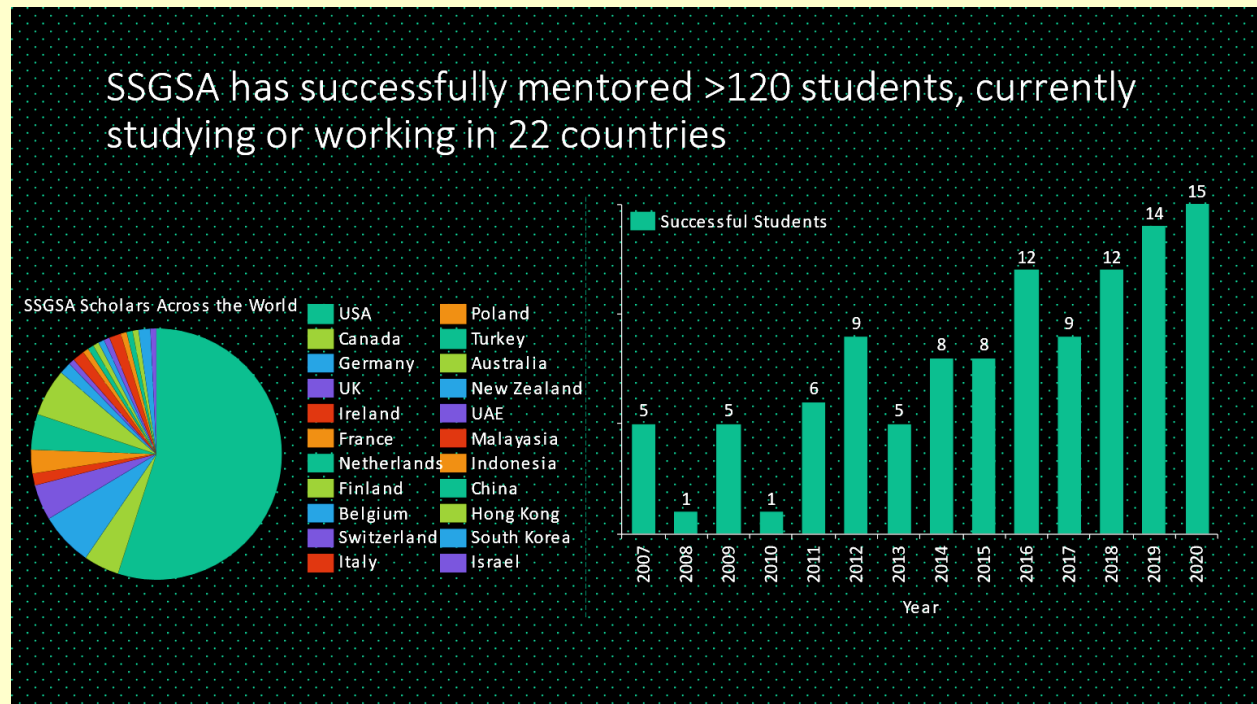
Mentoring is the key element where students have 1-on-1 help available so he or she can understand the system of what it takes to apply to foreign institutions. We want to ensure that students are strongly committed as it is a relatively long process and could take a year before you start your graduate studies at the reputed foreign university.

Application support involves providing guidance on the preparation of standardized tests and helping to finalize the application material.

SSGSA pays only for GRE, TOEFL and application fees for up to 5 universities. This itself costs over \$1000. **AMUAA Chicago** made an important contribution towards the success of SSGSA and helped over 20 students by offering financial aid during the application stage.

Support Network is also important once the student joins the university. We arrange to make connections in the university town, so the settling is not cumbersome. At the end each student becomes a part of SSGSA family while in the program or after the program they help each other in job placements etc.

We would like to end with the following remarks *“We contribute to student’s success by enabling them to gain higher education but behind the scene, it is a giant success for their families, the community and the nation as a whole.”*




## Local Sponsors to AMUAA-GC


### Advertisement Cost:

- One Quarter Page: \$100.00 for non-members and \$50.00 for members
- One Half Page: \$200.00 for non-members and \$100.00 for members

AMUAA-GC may expend \$7 to \$10 on designing each ad coming from our members or non-members in order to standardize it, visually present and communicate brands to the public in a better way.



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## Health Corner:

### Fighting and Reducing The Risk of Cancer

**Article By:** Dr. Mohammad Athar, Member, AMUAA-GC

There is no magic pill, but consider these guidelines to prevent cancer:

- Eat plenty of fruits and vegetables. Base your diet on fruits, vegetables and other foods from plant sources such as whole grains and beans.
- Weight Control- Avoid obesity. Eat lighter and leaner by choosing fewer high-calorie foods, including refined sugars and fat from animal sources.
- If you choose to drink alcohol, do so only in moderation The risk of various types of cancer including cancer of the breast, colon, lung, kidney and liver increases with the amount of alcohol you drink and the length of time you've been drinking regularly.
- Limit processed meats. A report from the International Agency for Research on Cancer, the cancer agency of the World Health Organization, concluded that eating large amounts of processed meat can slightly increase the risk of certain types of cancer.



# More Than 40% Cancers Are Preventable

## Modifiable Risk Factors

**Cancers Associated With Smoking:**  
-mouth, throat, nose and sinuses  
-esophagus, pancreas, stomach, liver, & colorectal cancer  
-bladder, kidney and ureter  
-cervix & ovary  
And Acute Myeloid leukemia

**Alcohol Related Cancers**  
-Head and Neck  
Esophageal & Liver, Breast And Colon-Rectal

**Red & Processed Meats**  
Increases risk of Colon-Rectal Cancer

**Overweight & Obesity**  
Associated Cancers:  
Esophagus, Stomach, Thyroid, Pancreas, Liver, Gallbladder, Breast, Kidney, Uterus, Ovary, Colon-Rectal And Multiple Myeloma

**Diet Low In Fruits, Vegetables, Fiber & Calcium,**  
Is Associated With High Risk of Certain Cancers

**Cancers Associated With Lack of Exercise:**  
Breast, Uterine & Colon

**Ultraviolet Radiation** is Associated with Skin Cancer

**Be Cancer Smart...**  
Stop Smoking, No Alcohol, Reduce Weight, Eat Fruits, Vegetables & Fiber, Limit Processed & Red Meats, And Be Physically Active.

Mohammad Masood Athar, MD, MPH

## FAAA Updates:

- The registration for AMUAA convention in Dallas, July 15-17, 2022 is still open.
- Please refer below important link for registration and other information.

[Download - FAAA Convention 2022 Dallas Flyer](#)

[Download - FAAA Registration Hotel Booking Link etc](#)

[Download - FAAA Convention 2022 - Registration Form](#)

- As informed by Election Officer Perwaiz Jafri at FAAA, below members are declared elected unanimously to their respective positions:

**Member B.O.T. – Dr. Shahid Siddiqui**  
**President-elect – Mr. Kausar Usmani**  
**Secretary-elect – Mr. Shoaib Zahoori**  
**Treasurer-elect – Mr. Shah Faisal Khan**

Also, **Dr. Saif Sheikh** will assume the position of the Chairperson of the Board of Trustees at FAAA after Prof. Habib Zuberi completes his term as informed by Election Officer.


- Dr. Shahid Siddiqui and Dr. Saif Shaikh are members of AMUAA-GC as well.



## Upcoming Events:

- \* **General Election:** Electronic Voting starts on 15<sup>th</sup> July and ends on 17<sup>th</sup> July 2022
- \* **Picnic and General Body Meeting:**
  - **Date:** Saturday, July 23, 2022, **Time:** 12:00 PM
  - **Venue:** Century Park Boat Dock, 1001 Lakeview Parkway. Vernon Hills, IL 60061

## Support AMUAAGC:



**ALIGARH MUSLIM UNIVERSITY ALUMNI ASSOCIATION  
OF GREATER CHICAGO**

**Support Education Projects  
(Target Minimum \$20,000 for 2021-2022)**

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